



LOVE BITES

FOR CATS & DOGS
& THE HUMANS WHO LOVE THEM

Ingredients:

- 2 cups organic oat flour
- ½ cup unsweetened organic applesauce
- 1 Tbs ground organic flaxseed
- 1 Tbs organic coconut oil, melted
- 1 cage-free organic egg (or flax egg)

Serving Tip:

Offer one or two Love Bites. Small portions are better for their heart!

Instructions:

1. Ask your human to preheat oven to 325°F.
2. Mix all ingredients until a soft dough forms.
3. Lightly dust a surface with oat flour and roll the dough to about ¼ inch thick.
4. Use small heart-shaped cookie cutter to create hearts.
5. Place treats on a parchment-lined baking sheet.
6. Roll dough onto parchment paper, and use a star-shaped cookie cutter to make star-shaped cookies.
7. Bake for 18-22 minutes, until golden and firm to touch.
8. Cool completely before serving.

