



palms & paws™


CHARLIE'S HARVEST STUFFING

FOR CATS & DOGS

& THE HUMANS WHO LOVE THEM

Ingredients:

- 1 cup organic pumpkin purée (unsweetened, no spices)
- ½ cup organic carrots, finely chopped
- ½ cup cooked organic quinoa
- ¼ cup organic peas
- 1 Tbs organic olive oil
- 1 cage-free organic egg (or flax egg)
- Optional: 1 cup organic sourdough bread

Instructions:

1. Ask your human to preheat oven to 350°F.
2. Combine all ingredients. Feel free to sneak a pea or carrot to your pet for fun.
3. Spread into a small baking dish or muffin tin.
4. Bake for 20-25 minutes, until golden.
5. Cool completely before serving.

Serving Tip:

A tablespoon or two is PURRR-fect for most pets. Treats should make up no more than 10% of their daily diet. Serve lukewarm and enjoy the moment together (or better yet... share it with us @palmspawsofficial)

